

# Are you struggling to afford food?

Local food security resources are available for those in need.\*

## Resources

## How do I qualify?

## How can I learn more? \*\*

### Community Action Services and Food Bank

If visiting the food bank, you must bring personal documents for review (see website). You will visit with a trained counselor to discuss your situation before receiving supplies. No appointment necessary.

address: 815 S Freedom Blvd  
#100 Provo, UT 84601  
phone: (801) 373-8200  
email: [casfb@communityactionuc.org](mailto:casfb@communityactionuc.org)  
[www.communityactionprovo.org/food](http://www.communityactionprovo.org/food)

### Tabitha's Way Local Food Pantry

If visiting the food pantry, stay in your vehicle and food will be distributed to you. For your first visit, you must pre-register online and bring a photo ID and proof of your current address.

address: 45 East 100 North,  
Spanish Fork, UT  
phone: (801) 709-8573  
email: [info@tabithasway.org](mailto:info@tabithasway.org)  
[www.tabithasway.org/](http://www.tabithasway.org/)

### Supplemental Nutrition Assistance Program (SNAP)

You can apply for the SNAP online or at the local Department of Workforce Services office. You will then make an appointment with a specialist to discuss your case.\*\*\*

address: 1550 N 200 W, Provo, UT  
phone: (801) 342-2601  
toll free phone: 1-(866)-435-7414  
<https://jobs.utah.gov/customereducation/services/foodstamps/index.html>

### Women, Infants & Children Nutrition Program (WIC)

You can apply for WIC, which provides food and nutrition counseling to low income women. You must call to make an appointment at the local WIC clinic in order to apply\*\*\*

address: 151 S University Ave St.  
2100 Provo, UT 84601  
phone: (801) 851-7300  
text: (385) 312-0625  
email: [wic@utah.gov](mailto:wic@utah.gov)  
<https://wic.utah.gov/about/apply/>

### Food & Care Coalition

Nutritional meals are available daily to fixed income families, individuals, or those affected by tragedy living in Utah County. No appointment necessary.

address: 299 E 900 S Provo, UT  
phone: (801) 373-1825  
<https://foodandcare.org/meals-2/>

\*This document is for informational purposes only. BYU cannot guarantee their services will apply to individual students.

\*\*All locations above are accessible by UTA bus services.

\*\*\*Special restrictions for these services may exist for international students. Please see ISSS or consult a qualified immigration attorney.



Dean of Students Office

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